

MINDFULNESS WORD SEARCH



B	A	L	A	N	C	E	Y
R	H	O	W	O	L	W	O
E	A	V	A	W	A	I	G
A	R	E	R	I	R	Z	A
T	M	M	E	C	I	E	Q
H	O	P	E	A	T	N	P
E	N	T	S	L	Y	B	U
C	Y	Y	S	M	I	L	E

WORDS TO FIND:

Breathe

Balance

Yoga

Calm

Love

Hope

Aware

Now

Zen

Clarity

Smile

Owl